

HIGHLIGHTS

Colon Cleansing For Your Health

Do you suffer from any of these ailments: constipation, acne, brain fog, frequent fatigue or feeling of sluggishness? If you do, it might be an indication that all is not well with your colon!

Our colon's well being can indirectly or directly affects all the other organs in the body. When the colon is unable to function well, our major detoxification organs, the liver and kidney won't be able to do their job properly. Unfortunately, a majority of us unknowingly have a problem of unhealthy colon. How did we reach this state? Mostly through a combination of bad eating habit, poor lifestyle choices and the deterioration of our environment.

Overeating would cause our colon to work extra hard and in result undigested foods and toxins accumulate in the colon. Consuming processed foods which contain many artificial additives, preservatives, stabilizers and chemical additives also add to the build-up of toxins. We are also exposed to thousands of toxins from the air we breathe. These toxins all place a burden on our colon and make it work harder than necessary.



The primary function of the colon is to absorb water, electrolytes and some vitamins, as well as preparing and storing faecal waste prior to elimination. The colon is among the major organ in eliminating toxins and waste. If bowel movements are not regular, the waste products and toxins accumulate and can compromise our health. Therefore, to get rid of the junks that have accumulated in our body and gave burden to our major organs, we have to cleanse our body internally from time to time.

GETTING RID OF TOXINS FROM YOUR BODY

Drinking a colon cleansing tea made with natural herbs is a good and easy way to spring clean your bowel. Just try Natural Clenx Tea, a colon cleansing tea under the NH Detoxlim brand, which helps your body flush out toxins and feel good.

Natural Clenx Tea helps in bowel cleansing and eliminating all excess fat stored in the bowel area. It helps improve your overall well being, stimulate bowel movement, enhance your digestive system, increase metabolism, activate kidney functions and assists in removing all toxins and waste from the body. Simultaneously, it reduces the risk of various illnesses such as fatigue, constipation and others mentioned earlier.

This formulation is clinically proven to help the peristaltic movement in the colon. It does not over-stimulate the gastrointestinal tract or cause water loss. So, start your body spring cleaning today. All you need to do is drink one teabag after your meal. It's that easy!

Natural Clenx Tea is sold at pharmacies, hypermarkets and certain traditional medicine halls nationwide. **20** teabags per box retails at **RM28.80 (WM)** or **RM29.80 (EM)**.



For further information, please call **1800-88-2993** (Mon to Fri) from 9 am to 5pm or visit <http://www.nhdetoxlim.com/>